

Sound	Rhyme
a	Up, round the apple and down the leaf (apple)
b	Up, down the laces to the heel, round the toe (Boot)
c	Up, curl around the caterpillar
d	Up, round his bottom, up his tall neck and down to his feet (dinosaur)
e	Up, lift off the top and scoop out the egg (egg)
f	Up, loop down the stem and draw the leaves (flower)
g	Up, around her face, down her hair and give her a curl (girl)
h	Up, down the head to the hooves and over his back (horse)
i	Up and down his body, and a dot for his head (insect)
j	Up down his body, curl and dot (Jack in the box)
k	Up, down the kangaroo's body, tail and leg (kangaroo)
l	Up, down the long leg (leg)
m	Up, down Maisie, over the mountain, over the mountain (Maisie and mountains)
n	Up, down Nobby, over his net (football net)
o	Up and all around the orange (orange)
p	Up, down his plait and around his head (pirate)
q	Up, round her head, up past her earrings and down her hair (queen)
r	Up, down his back, then curl over his arm (robot)
s	Up, slither sown the snake (snake)
t	Up, down the tower across the tower (castle tower)
u	Up, down and under, up to the top and draw the puddle (umbrella)
v	Up, down a wing, up a wing (vulture)
w	Up up down up and out. (worm)
x	Up, down the arm and leg and repeat the other side (exercise)
y	Up, down a horn, up a horn and under his head (yak)
z	Up, Zig – zag- zig (zip)

Bouncy vowels	Bouncy consonants	Stretchy consonants
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